

Daily, Weekly, & Monthly Rates!

SKATE MORE – SAVE MORE!!

Online registration at www.chaparralice.com

Online registration closes the Friday before each week (or month) begins. Reservations for walk-on rates are available at the front counter. BEST classes do not include freestyle or public session admission/discounts. BEST is included with Camp de Champs registration for FS1-6 skaters. (*No classes Monday, July 4.)

\$15/class with advanced online reservation; \$18/class walk-on
Must reserve online by previous Friday for weekly discount rates.

\$70 per week with advanced online registration (\$56 for July 5-8)
Must reserve online by previous Friday for weekly discount rates.

Add M-W-F Power: \$5/class walk-on; \$10/week all 3 days

BUY THE MONTH, SAVE THE MOST!
\$240 for June or July; \$180 for August

Includes all BEST classes, on-ice and off-ice, including power!

That's just \$60/week for nearly 4 hours of classes!

(Available with online registration only. No makeups or credits for missed days. Reserve by June 3 for June 6-July 1. Reserve by July 1 for July 5-29. Reserve by July 29 for Aug. 1-19.)

What to Bring

Skaters are required to wear proper skating and athletic attire for both on-ice and off-ice classes. Long hair must be pulled back. Off-ice classes require proper athletic shoes (no crocs, sandals, flipflops). Ballet slippers optional for Ballet class. Skaters should have a water bottle available at all times.

Chaparral Ice Northcross
2525 West Anderson Lane
Austin, Texas 78757
512-252-8500 -- www.chaparralice.com



“BE EXCELLENT”

Summer Training

(BEST)

June 6-August 19, 2016

An 11-week training camp for skaters
Free Skate 1-6 and competitive skaters!

NEW THIS YEAR – LOW AND HIGH LEVEL CLASSES!!





Be your BEST!

BE EXCELLENT!

Chaparral Ice is excited to offer an expanded “Be Excellent” Summer Training (BEST) program, with opportunities for both developmental athletes who desire to take their skating beyond Free Skate 1-6, and for competitive skaters looking for that “extra edge” through supplemental instruction and practice.

BEST will include challenging classes designed to help skaters achieve top performances. Students will be introduced to what lies ahead in the world of competitive skating as they move into the USFSA testing and competition system.

As private coaches guide skaters’ individual progress, our staff of PSA-rated coaches and off-ice specialists will enhance training experiences with a variety of classes. On-ice and off-ice classes will rotate daily. Weekday power skating classes may be purchased separately, or as a part of a BEST package.

BEST skaters must be Free Skate 1 or above.



What’s Included

Monday-Wednesday-Friday

On-ice 30-minute classes will include Moves in the Field, Spinspirations, Tricks of the Trade, Connections, choreography, jumps, harness, and more. *(Individual practice/private lesson ice available on Monday and Friday sessions. Must purchase daily sticker at front desk, \$5 per session. Classes have right-of-way.)*

Power Skating Classes

Power classes for all levels are M-W-F 9:15-9:30 a.m. Power can be purchased three ways: 1) as part of BEST monthly package; 2) walk-on for \$5/class; or 3) purchase all three power classes for the week for just \$10. (Discount not available for Saturday power.)

Tuesday-Thursday

Off-ice classes will include ballet/dance, S.T.A.R.S. mock testing, 4D Slideboard, strength & conditioning, off-ice jump harness, and more.

Daily Schedule

Mondays – Moves In The Field: 9:30-10:00 a.m. Low and High level instruction on MIF patterns, turns, and steps.

Tuesdays – Ballet/Dance: Low 8:30-9:15 a.m.; High 9:15-10:00 a.m. (no need to cut your freestyle time short!) Ivy Mounsey returns to teach ballet, dance, and movement classes specially designed for figure skaters. Classes held at Go Dance studios next to Chaparral.

Wednesdays – Connections & Choreography: 9:30-10:00 a.m. Low and High level instruction (based on enrollment). Class will include edge class, Tricks of the Trade, connecting moves, and more.

Thursday – Off-Ice Training & Conditioning: 9:00-9:45 a.m. Rotating classes will include S.T.A.R.S. Mock Testing, 4D Slideboard, strength & conditioning, off-ice jump harness, and other topics taught by Chaparral coaches and personal trainers.

Friday – Rotating Skills Topics: 9:30-10:00 a.m. Low and High level instruction! Topics will include jumps, spins, ice dance, on-ice jump harnesses, and more.