



Camp Avalanche - Week 5

Austin's Park and Pizza

Monday July 3rd, Welcome to Camp

8:00-9:00	Drop-off
9:00-9:30	Introductions & Rules
9:30-10:00	Get to know-you games
10:00-11:00	Skating and 1 st Lesson
11:00-12:00	Lunch
12:00-12:45	Prep for skating- stretching, warm-up
12:45-2:15	Skating
2:15-3:00	Snack and Break
3:00-5:00	Skating
5:00-6:00	Parent Pick Up

Thursday July 6th, Austin's Park and Pizza

8:00-9:00	Drop-off
9:00-9:30	Wake-up meeting
9:30-10:30	Games
10:30-11:00	Transport to Austin's Park
10:00-2:30	Austin's Park and Pizza
2:30-3:30	Transport to Rink
3:45-5:00	Skating
5:00-6:00	Parent Pick Up

Tuesday July 4th Skate and Swim

8:00-9:00	Drop-off
9:00-9:30	Wake-up meeting
9:30-10:45	Gullett Elementary
10:45-11:15	Change at Rink head to Park
11:15-1:30	Lunch swimming Northwest Park
1:30-2:30	Snack and Change
2:30-4:00	Skating
4:00 -5:00	Early Pick up for 4th of July

Friday July 7th, Park and Swimming

8:00-9:00	Drop-off
9:00-9:30	Wake-up meeting
9:30-10:45	Gullett Elementary
10:45-11:15	Change at Rink head to Park
11:15-1:30	Lunch swimming Northwest Park
1:30-2:30	Snack and Change
2:30-5:00	Skating
5:00-6:00	Parent Pick Up

Parent Notes For the Week

Your child needs warm clothing when on-site. Please pack a swimsuit, towel and sunscreen for your child on Tuesday, Wednesday, and Friday. Please apply extra sunscreen on your child for Austin's Park. Lunch is provided on Thursday for our field trip- pizza buffet. Send your child in running shoes and send active wear clothing and sunscreen for outdoor activities daily.

Wednesday, July 5th, Skate and Swim

8:00-9:00	Drop-off
9:00-9:30	Wake-up meeting
9:30-10:00	Change to skate
10:00-11:00	Skating
11:15-1:15	Lunch and Swimming at NW Pool
1:30-2:30	Snack and Change
2:30-5:00	Skating
5:00-6:00	Parent Pick Up

Chaparral Ice Center
Angie Vaught- Camp Director
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