



Camp Avalanche - Week 11

Rockin' River Park

Monday August 14th, Welcome to Camp

8:00-9:00	Drop-off
9:00-9:30	Introductions & Rules
9:30-10:00	Get to know-you games
10:00-11:00	Skating and 1 st Lesson
11:00-12:00	Lunch
12:00-12:45	Prep for skating- stretching, warm-up
12:45-2:15	Skating
2:15-3:00	Snack and Break
3:00-5:00	Skating
5:00-6:00	Parent Pick Up

Thursday August 17th, Rockin' River Park

8:00-9:00	Drop-off
9:00-9:15	Wake-up meeting
9:15-10:00	Transport to Old Settler's Park
11:00-11:45	Lunch at Old Settler's Park
12:00-3:00	Rockin' River Park
3:00-4:00	Transport to Rink
4:00-5:00	Skating
5:00-6:00	Parent Pick Up

Tuesday August 15th , Park and Swimming

8:00-9:00	Drop-off
9:00-9:30	Wake-up meeting
9:30-10:45	Gullett Elementary
10:45-11:15	Change at Rink head to Park
11:15-1:30	Lunch swimming Northwest Park
1:30-2:30	Snack and Change
2:30-5:00	Skating
5:00-6:00	Parent Pick Up

Friday August 18th, Park and Swimming

8:00-9:00	Drop-off
9:00-9:30	Wake-up meeting
9:30-10:45	Gullett Elementary
10:45-11:15	Change at Rink head to Park
11:15-1:30	Lunch swimming Northwest Park
1:30-2:30	Snack and Change
2:30-5:00	Skating
5:00-6:00	Parent Pick Up

Wednesday August 16th , Skate and Swim

8:00-9:00	Drop-off
9:00-9:30	Wake-up meeting
9:30-10:00	Change to skate
10:00-11:00	Skating
11:15-1:15	Lunch and Swimming at NW Pool
1:30-2:30	Snack and Change
2:30-5:00	Skating
5:00-6:00	Parent Pick Up

Parent Notes For the Week

Your child needs warm clothing when on-site. Please pack a swimsuit, towel and sunscreen for your child on Tuesday, Wednesday, Thursday and Friday. Please apply extra sunscreen on your child for Thursday. Bag lunch is mandatory on Thursday. Send your child in running shoes and send active wear clothing and sunscreen for outdoor activities daily.

Chaparral Ice Center
Angie Vaught- Camp Director
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