



Camp Avalanche - Week 11

Rockin' River Park

Monday August 14th, Welcome to Camp

8:00-9:00	Drop-off
9:00-9:30	Introductions & Rules
9:30-10:00	Get to know-you games
10:00-11:00	Skating and 1 st Lesson
11:00-12:00	Lunch
12:00-12:45	Prep for skating- stretching, warm-up
12:45-2:15	Skating
2:15-3:00	Snack and Break
3:00-5:00	Skating
5:00-6:00	Parent Pick Up

Thursday August 17th, Rockin' River Park

8:00-9:00	Drop-off
9:00-9:15	Wake-up meeting
9:15-10:00	Transport to Old Settler's Park
11:00-11:45	Lunch at Old Settler's Park
12:00-3:00	Rockin' River Park
3:00-4:00	Transport to Rink
4:00-5:00	Skating
5:00-6:00	Parent Pick Up

Tuesday August 15th , Park and Swimming

8:00-9:00	Drop-off
9:00-9:30	Wake-up meeting
9:30-10:45	Gullett Elementary
10:45-11:15	Change at Rink head to Park
11:15-1:30	Lunch swimming Northwest Park
1:30-2:30	Snack and Change
2:30-5:00	Skating
5:00-6:00	Parent Pick Up

Friday August 18th, Skating Extravaganza

8:00-9:00	Drop-off
9:00-9:30	Wake-up meeting
9:30-10:00	Get ready to skate
10:00-11:00	Skating Games
11:00-12:00	Lunch
12:00-12:45	Arts and Crafts
12:45-1:15	Get ready to skate
1:15-2:15	Skate
2:15-3:15	Snack, Games, Relax
3:15-5:00	Skating
5:00-6:00	Parent Pick Up

Wednesday August 16th, Skate and Swim

8:00-9:00	Drop-off
9:00-9:30	Wake-up meeting
9:30-10:00	Change to skate
10:00-11:00	Skating
11:15-1:15	Lunch and Swimming at NW Pool
1:30-2:30	Snack and Change
2:30-5:00	Skating
5:00-6:00	Parent Pick Up

Parent Notes For the Week

Your child needs warm clothing when on-site. Please pack a swimsuit, towel and sunscreen for your child on Tuesday, Wednesday, Thursday. Please apply extra sunscreen on your child for Thursday. While food is available at Rockin' River Park, we don't get to the park until 12 pm. Kids eat bag Lunches prior to arriving at pool. Send your child in running shoes and send active wear clothing and sunscreen for outdoor activities daily. Friday, we will be on-site all day with various skating Activities.

Chaparral Ice Center
Angie Vaught- Camp Director
637-9518