

# X-treme Teen-Week 11

## Rock n' River Park and Picnic

### Monday August 18th, Welcome – Final week Farewell

7:30-9:00	Drop-off
9:00-9:30	Introductions & Rules
9:30-10:15	Outdoor Games
10:15-10:30	Snack
10:30-11:15	Arts and Crafts- Belt Bags
11:15-11:30	Ready to Skate
11:45-12:45	<b>Skating</b>
12:45-1:45	Lunch
1:45-2:45	Elderhaven Thank you Notes
2:45-3:00	Snack and Change for Skating
3:00-5:00	<b>Skating</b>
5:00-6:00	Parent pick-up

### Thursday August 21st, Hiking and Swimming

7:30-9:00	Drop-off
9:00-9:15	Wake-up meeting
9:15-11:30	Hiking in Round Rock
11:30-12:30	Lunch
12:30-3:30	Swimming at the YMCA
3:45-5:00	Skate
5:00-6:00	Parent pick-up

### Tuesday August 19th, Eldercare Farewell

7:30-9:00	Drop-off
9:00-9:40	Wake-up meeting
9:40-10:00	Transport to Elderhaven
10:00-11:00	<b>Volunteer at Elderhaven</b>
11:00-11:30	Transport to Rink
11:30-12:30	Lunch
12:30-1:15	Indoor Games
1:15-2:15	Finish Belt Bags
2:15-3:00	Snack and Change
3:00-5:00	Skate
5:00-6:00	Pick-up

### Friday August 22nd, Rock n' River Park

7:30-9:00	Drop-off
9:00-9:15	Wake-up meeting
9:15-	<b>Leave for Old Settler's Park</b>
9:45-12:45	<b>Old Settler's Picnic and BBQ lunch</b>
12:45-3:00	<b>Swimming at Rock n' River</b>
3:00-3:30	Transport to Rink
3:30-5:00	Skate
5:00-6:00	Parent pick-up

### Wednesday August 20th, Skating Around

7:30-9:00	Drop-off
9:00-9:15	Wake-up meeting
9:15-10:00	Outdoor Games
10:00-10:15	Snack
10:15-11:15	Indoor Games
11:15-11:30	Get Ready to skate
11:30-12:45	<b>Skating and Ringette</b>
12:45-1:45	Lunch
1:45-2:45	Indoor Games
2:45-3:00	Snack and Skate
3:00-5:00	<b>Skate</b>
5:00-6:00	Parent pick-up

### Parent Notes For the Week

**Tuesday, Thursday, and Friday:** Please pack a swimsuit, towel and sunscreen.

**Thursday:** Running shoes, shorts and t-shirt for hiking.

**Friday:** Your child will be provided with a hotdog lunch on Friday for our picnic. You do not need to send lunch that day unless your child doesn't like hotdogs.

We also recommend sending warm clothing for your child for the skating sessions.

Gloves are highly recommended.

**Chaparral Ice Center**  
**Angie Schneider- Camp Director**  
**252-8500 x 160**